



Pilgrim of Brixham BM45

Sailing Guide 2024

The Skipper and the whole Pilgrim Team want you to have a great time when you come sailing with us. We have put this Sailing Guide together to help you plan your trip, to know what to expect and to ensure you have a fantastic sailing adventure.

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Please remember Pilgrim is a large open vessel with shared accommodation. You will be out in the open, you may get wet and you will likely need protection from the sun. Stowage on board is very limited and you will need to keep your possessions in your bunk area. Soft bags are recommended.



1. What do I need to take?

Clothing

You will need sensible clothes for the right conditions. Pilgrim is a heritage trawler so just bring some practical clothing to keep you comfortable. Bring at least two more layers than you think you will need to wear, even during hot weather. Thin multiple layers really do work best, take up less room to pack and mean you can still move around freely.

Make sure you have non-slip shoes and wear socks to keep your feet warm. Do not forget your sunglasses and a hat to keep the sun off or keep the heat in on cooler days. If you are sleeping aboard, please bring appropriate nightwear for shared accommodation. Bed linen is provided but please also bring your own towel. Remember your swimwear if you fancy a dip! Think about your luggage and remember you may have to carry it some distance to reach the boat and that you'll keep it close to you on board, so try to travel light.

Toiletries and medication

We provide body and hair gel in each shower (head) but if you take a shower when ashore you will need your own. All-in-one shower and hair gels take up less room and bars of shampoo are available nowadays. They take up less room, create less waste and there are never any spillages to deal with!

Aerosols must not be used below deck, so they are best avoided. However, if you do bring them you will need to use them on deck. (This is because gasses in them sink to the bilges. This is a safety concern and can set off alarms.

The ocean has provided a livelihood for

Pilgrim for over 100 years and we therefore prioritise reducing any pollution where possible. Sanitary products, wet wipes and cotton buds must not be disposed of down the toilets in any circumstances. The same applies to toothpicks and dental floss, as their disposal is an issue for us. They should be put in the bins provided.

Please bring an ordinary non-electric toothbrush. Although we have power for recharging, there are other more essential needs for the limited power points.

Do not forget to bring your prescribed medication with you as well as a sea-sickness remedy in case you need it. Please remember that seasickness medication is preventative and will only work if you take it before you start to feel ill! Although we have first aid facilities on board, our crew are not permitted to administer analgesics or sea-sickness medication. Finally do not forget sunscreen and your sunglasses!

PLEASE NOTE. Do not come aboard if you are clearly unwell. Guests and crew members live in close proximity on board and it's not fair to risk spoiling other people's sailing adventure by making them ill as well. The Skipper has the right to refuse boarding to anyone who is clearly unwell.

Cameras, phones and binoculars

There will be plenty of things to photograph to remind you of a memorable trip. You might want to bring your posh camera or be happy to use your phone. We do not want them to get lost overboard or get wet. Make sure you have something to secure and protect your



1. What do I need to take?

cont'd

camera or phone or a safe pocket to keep them in. Binoculars are handy as well. You will need to ensure that all your belongings, including cameras and phones, are safely stowed. We cannot accept any responsibility for any damage or loss of such equipment.

Wet weather gear

You must come prepared with wet weather gear. If the weather is unkind, we want you to be warm and dry. As the Skipper says, "It's not the wrong kind of weather, just the wrong kind of clothing!" If you are new to this, you do not need to splash out (excuse the pun!) on fancy yachting gear. A good waterproof jacket with a hood and some waterproof trousers will do fine. You may find the sort of thing you use on a walking or camping holiday would

suit your needs on Pilgrim.

Limited space

Although Pilgrim is 75' feet long (22m) and displaces over 100 tons, storage space on board is very limited and it's shared with everyone on board. You will need to keep all your possessions in your berth area.

Musical Instruments

We love it when guests bring musical instruments aboard and we all get to have a bit of a party! As with camera equipment, you will need to be confident that you can get your instrument down the hatch, and be able to stow it in your berth and keep it safe.

(Think twice about that double bass!)



CHECKLIST

- ☐ Clothing - several layers are the best option and order a Pilgrim Polo
- ☐ Nightwear—suitable for communal accommodation
- ☐ Toothbrush and shower soap/shampoo
- ☐ Towel and swimwear
- ☐ Non-slip footwear and socks
- ☐ Medication including travel sickness remedy
- ☐ Wet weather gear
- ☐ Sun hat or order a Pilgrim cap or beanie
- ☐ Camera and/or phone and don't forget your charger
- ☐ Musical instrument?
- ☐ Sunscreen, sunglasses and maybe a spare pair of specs!

2. How do I get there?

Arrival time on board

While we are looking forward to welcoming you onboard, please do not arrive more than 15 minutes before the scheduled departure time. We will be preparing Pilgrim for the passage and may not be in a position to let you board.

Brixham Departures

By public transport

There are regular train services from all over the UK to South Devon. The best arrival point is Paignton train station and that may require a change at Newton Abbot.

Trains run from London Paddington and from Scotland, the North of England, the Midlands and Bristol.

The No 12 bus runs from Paignton train station to Brixham and you need to alight at the Brixham terminus. They run very regularly at up to ten minute intervals at peak times. The bus timetable is here:

<https://www.stagecoachbus.com/routes/south-west/12/newton-abbot-brixham/xdbo012.o#>

Express coach services also serve Brixham from London and all over the country. <https://book.nationalexpress.com>

From the Brixham bus terminus follow signs down to the harbour and walk

towards Breakwater and you will soon see Pilgrim in all her glory on the Town Pontoon opposite the Prince William pub! The walk takes 5 to 10 minutes depending how eager you are to be onboard! If for any reason we are moored anywhere else in Brixham we will let you know in advance by email or by text message on the day.

By car

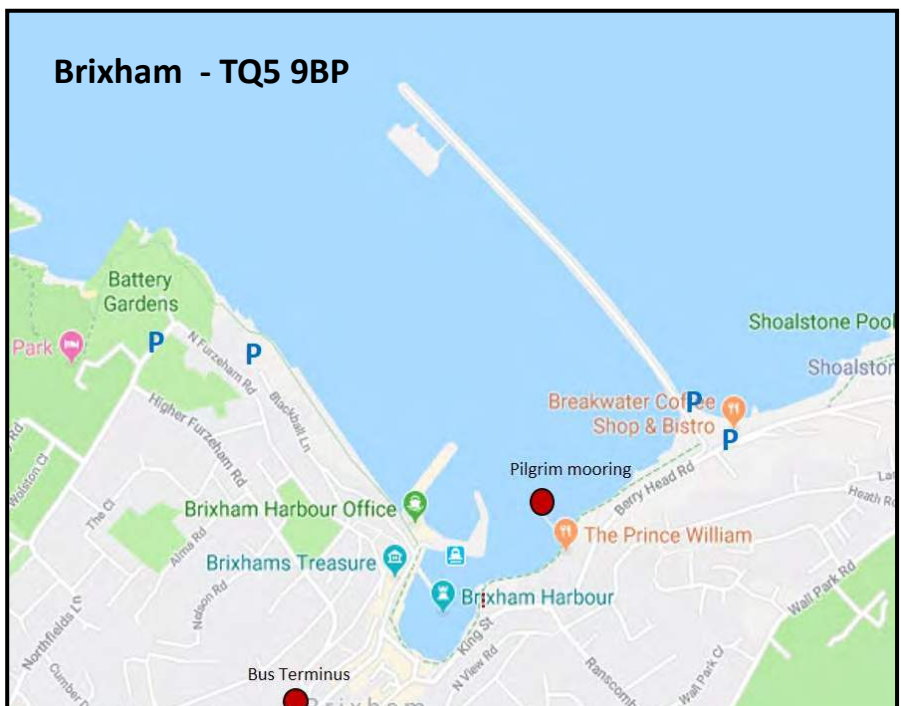
The destination postcode for your sat nav is TQ5 9BP.

As you come into Brixham passing the town sign board, take the right hand fork at the Toll House and follow the signs for 'Breakwater'. That way you avoid the town centre congestion and come straight to the right area.

Parking

Please note – you cannot reach the Town Pontoon where Pilgrim is berthed by car.

You can drop luggage or people off on Berry Head Road – use TQ5 9BP on your satnav. Here you will find steps down to the promenade and the pontoon. There are a limited number of parking spaces on Berry Head Road for a short stay, but they are often taken. Parking is very limited in Brixham so you need to plan. There is some free street parking but in the summer season that may involve quite a long walk from your car.



2. How do I get there?

cont'd

Brixham Parking cont'd

You can park in the multi-storey car park at Brixham Marina, close to the Breakwater (to be found on the landward side of Berry Head Road, TQ5 9AF) which is owned and operated by MDL's Brixham Marina. There is a pay on exit system and you can use cards.

Although Torbay Council's Breakwater Car Park is the closest one to Pilgrim it is small and busy and you should not rely on finding a space there. That's also at TQ5 9AF (open air). There are coin machines or you can use the **Ringo** mobile payment system.

You can also park in Brixham's Freshwater Car Park, TQ5 8BA, operated by Torbay Council and can pay for multi-day permits online. Details are available here:

<https://www.torbay.gov.uk/car-park-permits/>

This car park is about a 15 minute walk around the harbour to the Town Pontoon and Pilgrim.

Dartmouth Departures

Pilgrim normally operates from the Town Pontoon on the South Embankment - TQ6 9BH. This is not always possible and there may be alternative arrangements which will be advised by SMS (text) message if necessary.

There are no long-term car parking facilities in Dartmouth town. The Dartmouth Park and Ride can be used for multiple day stays but the arrangements are complicated and subject to change. Please see:

<https://www.dartmouthtowncouncil.gov.uk/parking/>

There is a long-term car park at Dartmouth Marina on the Kingswear side of the River Dart and there are regular ferries across. You can pay using the Ringo mobile payment system. Details here: <https://www.dartmouthmarina.co.uk/facilities>.

Falmouth Departures

Our berthing location in Falmouth is not usually confirmed until we arrive. Guests will be notified by SMS (text) message. Plan on needing to be near the National Maritime Museum.

Parking options in Falmouth are more limited in the sailing season. We suggest you make arrangements in advance. Look here: <https://www.cornwall.gov.uk/transport-parking-and-streets/parking/cornwall-council-car-parks/council-car-parks-in-falmouth/>

If you wish to drop off luggage and then park, please call the boat on the number provided and we will try to assist.

CONTACTING US

General queries

If you have any general enquiries about your booking prior to your departure date you can call the office on:

01803 858148 and select option 1.

The office is staffed part-time so if there's no reply please leave a voicemail or email : sailing@pilgrimofbrixham.org.uk

Last minute contact

If for any reason you need to contact us on the day of your departure, for example you are experiencing any travel or other delays, you can contact the Skipper and the crew by calling:

01803 858148 and select option 2.

This will divert your call to the skipper or one of our sailing team if the skipper is unavailable. If you are delayed, please call this number and advise us of your situation.

Taxis

No recommendations, try these:

Brixham: 01803 853000 or 882121

Paignton: 01803 211611 or 434343

Dartmouth: 01803 714336

Falmouth: 01326 313131 or 212141



4. What should I expect onboard?

Accommodation

Pilgrim has comfy accommodation for guests booking individually spread over two cabins. Each berth has a lee cloth and a reading light. There are three heads (toilets) with hot showers. The allocation of guest berths is made by the Skipper once everyone is aboard. Please note on some sailings crew members may occasionally also be sleeping in these areas.

Subject to availability and an extra charge it is possible to ask for exclusive use of a cabin area. We have an ensuite cabin for four people and another for six. You need to contact our office to explore availability on your sailing.

Essential Safety briefing

Immediately prior to our departure, the Skipper, Mate and crew will undertake introductions and a safety briefing. This is an important part of your trip as we need to make sure we keep you and your fellow guests' safe and comfortable at all times.

Children and Vulnerable Adults

Safeguarding of children, young people and vulnerable adults is a fundamental part of the way we operate. We have a strict policy that we follow. The Skipper will consider safeguarding when making decisions about allocation of berths and the way the vessel is operated.

Please be aware that we do not allow the posting or publishing of photographs of persons under the age of 18 years without the parent(s) or guardian(s) express permission.

Catering

We plan our menus and catering arrangements well in advance. Wherever possible, we will accommodate recognised allergens. Guests can choose from the following dietary options: Carnivore, Pescatarian, Vegetarian and Vegan and this choice must be notified at the time of booking. We are not able to adjust menus in response to personal likes and dislikes or casual requests so please make sure you flag up your requirements well in advance. (You are welcome to bring your own special foods if you wish but please bear in mind the limited storage facilities on board).

Food is prepared that may contain peanuts, tree nuts, soy, milk/dairy, egg, seafood and wheat.

Alcohol

The consumption of alcohol before or during sailing is not permitted. Guests may consume alcohol once Pilgrim is moored or anchored for the night and should bring supplies with them. You may need to keep them in your berth area, as space is limited.

Please note that fridge space is unlikely to be available, particularly at the start of a voyage, as all available space is dedicated to essential food storage.

Smoking

Pilgrim is a non-smoking vessel. We do not permit vaping anywhere below decks onboard Pilgrim. Vaping on deck requires the consent of the Skipper.



4. What should I expect onboard? Cont'd

Medical conditions and First Aid (including sea sickness)

When sailing, Pilgrim may be away from immediate medical assistance so it is important that you and fellow passengers declare any relevant medical conditions or allergies at the time of booking. These will be recorded on the vessel's manifest so the Skipper is aware in the event of any medical incident and is better equipped to respond.

You should bring any prescription or incidental medications with you as required. The crew are unable to provide any medication other than in an acute First Aid situation.

Physical capabilities required

Pilgrim is an authentic Victorian sailing trawler and guests need to have a reasonable level of agility to board, move around the vessel when directed and cope with any emergency situation, however unlikely that may be.

During your trip, you may need to disembark or board using a dinghy. Pilgrim may sometimes be 'breasted-up' with other vessels and you may need to climb across from one to the other. (There may also be "footfall" from other vessels across the deck in these circumstances).

A simple measure of the agility required is, for example, whether you are readily able to climb a 6' vertical ladder.

If you have concerns about this please discuss the situation with us at the Pilgrim office in advance. Access between

vessel and shore during festivals can be particularly challenging and vertical ladders are often deployed.

Sailing the boat

You will be encouraged to participate in sailing the boat under supervision. The crew will show you the ropes and ask you to help. Hopefully, you will also have the opportunity to take the helm and steer the boat. Alternatively, if you just want to enjoy the sailing and the scenery, you can sit back and leave it to others. Feedback from past guests suggests that those who get involved get the most enjoyment out of their time aboard.

Lifejackets are provided for all on board and are compulsory unless the skipper advises otherwise. Please note that you should not bring your own lifejacket. Pilgrim is inspected annually by the MCA and we are obliged to conform to strict certification of safety equipment.

Mobile phone signals and Wi-Fi

You are welcome to use a mobile phone although signals offshore may not be available or may be limited. There are no Wi-Fi facilities on Pilgrim. As we have communal accommodation, you will be expected to mute or turn off your phone at night.

Why not just turn it off altogether and simply have a tech detox and enjoy the sailing?

We may ask you to refrain from bringing your devices to the table during mealtimes to be sociable, although photographs may be taken of course.

Lost Property

Any property lost onboard will be taken to our office if it is found. It will be retained for one month and it can be reclaimed from there. There may be a charge for return of items.

Any property lost overboard will leave a lasting legacy of your trip and we'd rather you didn't!

At the end of your trip, we will ask you to strip your bunk. We have learnt that it is the best way to avoid lost property and to make sure you have everything before you leave.



5. Photographs and Video

Photographs and Video

Taking photographs or video from a moving boat can be challenging at times. It is often best to hold the camera against something solid on the boat so you only have one moving element. You also need to be aware of the damage that salt water can do to a phone or camera. The crew will always be happy to help and to take that important memorable photo of you on Pilgrim.

Sharing with other guests, social media and Pilgrim

We have a special online link where you can upload your photos and share them with fellow travellers. We make sure any safeguarding issues are taken care of before we publish them. For longer trips we may set up a WhatsApp group for guests to share pictures with us and each other.

You can also upload your photos and video here: <https://guest.pilgrimofbrixham.org.uk>

Social Media

We welcome you posting messages and photos about your trip on social media. Please bear in mind that some guests who are sailing with you may not want their pictures published, so please be sensitive to the wishes of others. If you post on our sites, we can always take something down if a guest subsequently objects.



Facebook: <https://www.facebook.com/PilgrimSailingExperiences>



Twitter (X) : <https://twitter.com/PilgrimBM45>



Instagram: <https://www.instagram.com/pilgrimbrixham/>



6. Souvenirs and Merchandise

For that authentic crew look, we hope you will want to include some Pilgrim clothing and regalia in your packing. Examples of the items available are shown on page 10 below.

You can order in advance online and we will ship the items to you or you can save money and packing by having them waiting for you on board when you arrive. We carry samples on board so you can check sizes and you can order online after your trip if you prefer.

Ordering in advance

Go to <https://pilgrimofbrixham.org.uk/shop>

Purchasing on board

Ask a member of the crew to show you what we have on board. If we do not have your size, you can order it there and we will ship it to you for when you return.

We are pleased to offer payment by credit or debit card subject to a mobile signal being available.

7. Gratuities, Feedback, Reviews and Complaints

Gratuities

We are a charity and our crew do not expect gratuities. Please show your appreciation by making a donation - see below.

We would also encourage you to show your appreciation of their efforts by posting a review on Trip Advisor or by making a donation to our charity. You can post on [Trip Advisor here](#):

Making donations

Our sailing income does not meet the costs of keeping Pilgrim preserved, maintained and protected for future generations. We rely on donations to enable us to keep Pilgrim in good shape. Donations, no matter how small, help keep us going and you can donate here and complete a Gift Aid declaration: <https://pilgrimofbrixham.org.uk/product/donate-to-our-charity/>

Alternatively, you can help us by joining our Charitable Foundation as a mem-

ber and make an annual contribution. Details are in section 8 below.

Feedback

We welcome your feedback to help us maintain and improve our service. Please complete our feedback form here:

<https://guest.pilgrimofbrixham.org.uk>

Complaints

Our reputation really matters to us. Our volunteers work hard all year round to deliver authentic sailing experiences on Pilgrim. If you have a complaint, we want to hear about it from you, not anyone else, so please tell us.

Our Complaints Procedure is robust and as a registered charity, we have an obligation to investigate complaints thoroughly and respond as required. You can send your complaint to: mailbox@pilgrimofbrixham.org.uk or by post to the address on Page 11.

8. Supporting the Pilgrim Foundation

Becoming a Foundation Member

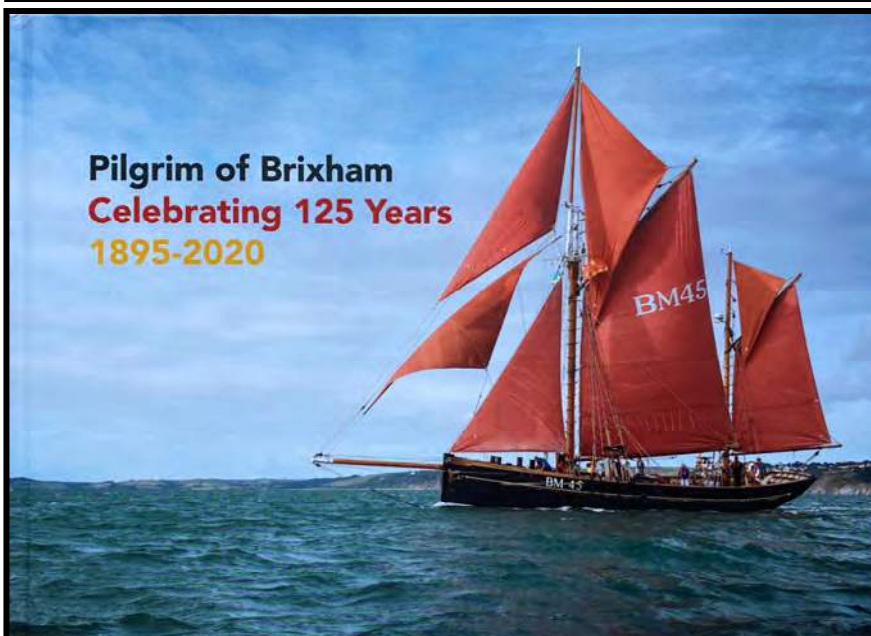
Pilgrim is charity operated by the Pilgrim Heritage Sailing Foundation. If you want to be part of the team who look after Pilgrim as one of our national maritime treasures then you need to join the Foundation. Membership is £50 per annum (£25 for full time students) and there are merchandise and other benefits. You can join here: <https://pilgrimofbrixham.org.uk/join>

Becoming a Volunteer

Once you are a member, you can join our volunteer team. They are amazing and they do everything needed to keep Pilgrim maintained and operating. Volunteers look after maintenance, crewing, administration, social media, bookkeeping and everything else.

Fair Winds and Happy Sailing!





pilgrimofbrixham.org.uk/shop

IMPORTANT

Dietary Choices

Guests can select from the following dietary options: **Carnivore, Pescatarian, Vegan and Vegetarian**. In the absence of being advised otherwise, we assume guests are carnivores.

Allergens

The UK Food Standards Agency identifies a list of 14 allergens. They are as follows:

Celery; Cereals containing gluten – including wheat (such as spelt and Khorasan); Rye, barley and oats; Crustaceans – such as prawns, crabs and lobsters; Eggs; Fish; Lupin; Milk; Molluscs – such as mussels and oysters; Mustard; Tree nuts – including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts; Peanuts; Sesame seeds; Soybeans; Sulphur dioxide and sulphites (if they are at a concentration of more than ten parts per million)

You must advise us in advance if you are allergic to any of these foods. (See section 4).

Cross Contamination

While the Charity take steps to minimise the risk of cross contamination it cannot guarantee that any food or beverages are safe to be consumed by any guest with peanut, tree nut, soy, milk/dairy, egg, seafood or wheat allergies.

Medical Conditions

On your Booking Form or Guest Supplementary Information you advised us of your medical and dietary preferences. If any of that information has changed since the booking was made you must advise of any changes 28 days in advance or when the change occurred, if later. It affects the information carried on the vessel's manifest and available to the Skipper in an emergency and it may also affect your insurance.

Insurance

Our Terms and Conditions of Booking include a requirement for you to be insured for 'Adventure Sailing'. Please make sure you have proper insurance in place. Further information is available [here](#).

All sailing is undertaken pursuant to our **Terms and Conditions of Booking 2024** which guests are provided with our acknowledgment at the time of booking. There is a link to those terms at the foot of every page on our website <https://pilgrimofbrixham.org.uk>



PILGRIM Heritage Sailing Foundation

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Email: info@pilgrimofbrixham.org.uk Registered in England and Wales Company No. 10763532.

Charity Commission No. 1175124. VAT No. 283530110.