# Adventure Afloat



Explore Ashore

## Tallulah Kit List

### Included

- Sailing Instruction
- Safety Equipment (Life jackets and harnesses)
- All meals on board & refreshments throughout the day
- Bed linen, duvet, pillows
- wooden rowing boat activities
- 2 x Stand Up Paddleboards & buoyancy jackets (on summer voyages)

#### Baggage

Please limit yourself to one soft bag or rucksack as there is limited storage space on board. No suitcases please!

What is not included and you will need to bring with you.

- Towels
- wellie boots
- waterproof jackets & trousers
- Alcoholic beverages, except on alcohol free voyages.
- warm, windproof jacket for days when you don't want to wear a waterproof jacket
- Hats for sun and cold weather.
- At least two sets of warm clothes layers e.g. tracksuit bottoms, shirts, fleece jacket, wool jumpers, thick socks, and neck scarf. It can get cold at sea even in mid summer.
- Swim suit, towel, and suntan lotion.
- we have space if you want to bring a wetsuit for wild swimming or SUP adventures
- Flat shoes with a good grip e.g. trainers or sailing deck shoes.
- Sailing boots or wellies as the sea can come over deck if rough\*.
- (An alternative to boots in summer is to bring another pair of flat shoes with a good grip in case the first pair get wet).

- All terrain type sandals are great for dinghy trips ashore but you do need shoes which protect your toes for sailing.
- Scillies trips Walking boots are useful and can be these can be worn on deck too
- A small rucksack is useful for going ashore
- Camera, binoculars, sketchbook, a relaxing read.
- Passport for European or Ireland Voyages, Reciprocal Free Health Care card in Europe.
- Please bring a passport on French trips
- Any medication, spare spectacles. Seasick tablets check with your Doctor, which brand if you suffer asthma or are on medication.
- RYA Cruising Logbook or similar if you want to log your sailing experience e.g. sea miles, night hours
- Musical instruments are always welcome.

#### Waterproof clothing advice

Tallulah does not have waterproof jacket and trousers, so please bring a properly waterproof jacket and trousers on all voyages.

Walking and cycling waterproofs are usually adequate and much lighter to pack, so there really is no need to buy a coastal sailing jacket (unless you really want an excuse to invest in your future sailing). If you need any advice, or lack of a jacket is preventing you participating, please ring us on 01326 53 1234

#### Alcohol

Tallulah does not always have wine bottles for sale on board so you are welcome to bring modest quantities of alcohol, (unless it is an alcohol free voyage) e.g. to drink with evening meals, but drinking whilst sailing is not allowed.

### **Classic Sailing**

Skippers@classic-sailing.com

01326 53 1234

24-07-24

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